

SYDNEY EAST SECONDARY CROSS COUNTRY

Date: Friday 11 June 2021
Venue: The Boulevard, Miranda Park, Miranda
Program: 11.30am Course open

Course closed. First race marshalled.

Girls	12yrs	3000m	(2x1.5km loop)
Boys	12yrs	3000m	(2x1.5km loop)
Girls	13yrs	3000m	(2x1.5km loop)
Boys	13yrs	3000m	(2x1.5km loop)
Girls	14yrs	4000m	(2x2km loop)
Boys	14yrs	4000m	(2x2km loop)
Girls	15yrs	4000m	(2x2km loop)
Boys	15yrs	4000m	(2x2km loop)
Girls	16yrs	4000m	(2x2km loop)
Boys	16yrs	6000m	(3x2km loop)
Girls	17yrs	4000m	(2x2km loop)
Boys	17yrs	6000m	(3x2km loop)
Girls	18+yrs	4000m (State 6000m)	(2x2km loop)
Boys	18+yrs	6000m (State 8000m)	(3x2km loop)



SECONDARY CROSS COUNTRY CHAMPIONSHIPS 2021

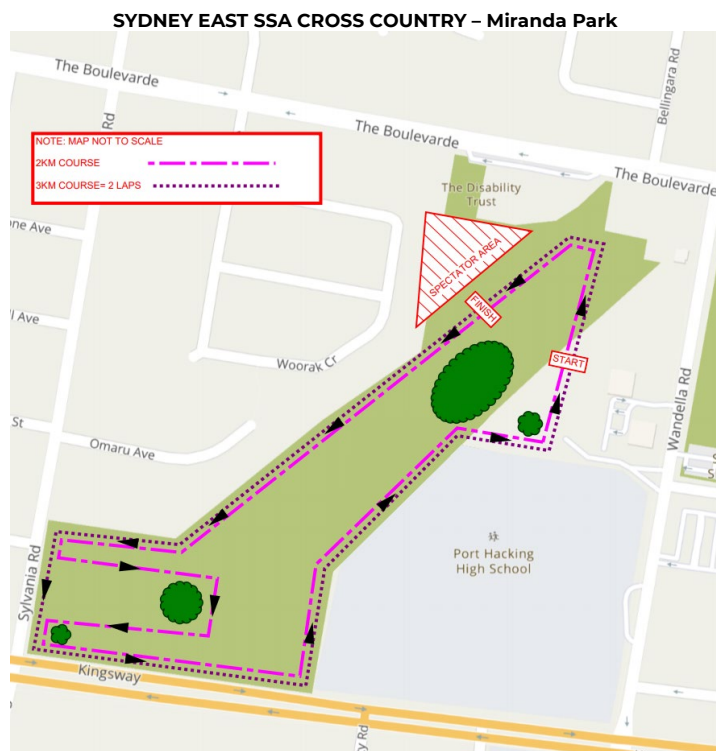
at
Miranda Park, The Boulevard Miranda

Friday 11 June 2021

Participating Zones

BLIGH
PORT HACKING
SUTHERLAND

EASTERN SUBURBS
ST GEORGE



WELCOME

On behalf of Sydney East Secondary Schools Sports Association I welcome you to the 2021 Cross Country Championships. To reach this level of competition the boys and girls have already proven themselves to be athletes of considerable potential.

The first 10 place getters in each event will qualify to represent Sydney East SSA at the State Championships at Eastern Creek International Raceway, Jack Brabham Drive, Eastern Creek on Friday 16 July 2021.

On behalf of the Sydney East Association I would like to thank the Convener - Ms Vicki Smith - School Sport Unit; Mr Garry Moore - The Jannali High School, for their organisation of today's championship.

I hope that all visitors enjoy the friendship and competition of the Cross Country Championship.

Dave Haggart
President
Sydney East SSSA

ACKNOWLEDGEMENTS

The Association would like to thank the following people for their help and support in the organisation of this Championship.

- * Port Hacking High School
- * Visiting Principals, Teachers of Sydney East SSSA

SYDNEY EAST ASSOCIATION
Apparel will be on sale (Red, White and Blue)

[facebook.com/sydneyearsportsport](https://www.facebook.com/sydneyearsportsport)

RULES

The Championship Managers reserve the right to adjust the program.

1. Zone teams may run a maximum of 10 runners in each division.
2. Zone team colours are to be worn by all runners.
3. Age: As per age turned during the current year.
NB: Participants are eligible to compete in one event only.
4. Competitors are required to be available to marshal 30 minutes prior to the scheduled start of the event.
5. Coaching and pacing during the event is not permitted. Pacing in races by persons not participating in the same race should be warned by the referee. If there is any repetition, the athlete will be disqualified from the event.
6. Multi Class competitors who meet qualifying times may apply to compete at the Sydney East Cross Country Championships. Multi Class competitors will be eligible for selection to compete at the NSWCHSSA Championships in each age category if qualifying times are met.
7. Spikes are permitted but not recommended, as the course involves short crossings of hardened surfaces.
8. Protests must be delivered in writing by the Zone Manager to championship management within fifteen (15) minutes of the conclusion of the event.

Please be aware that the media exposure at this event may result in your child's name, school details and/or photograph appearing in a newspaper or on the School Sport Unit Website - <https://app.education.nsw.gov.au/sport/>

If you have a concern with this occurring, please contact the team management or Executive Officer.